



Friendship Trays Lunch Menu – May 2019

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
4/29) Sweet 'n Sour Pork Chop Rice Greens Vegetable Salad Pineapple Assorted Bread	4/30) Spaghetti w/Meat Sauce Roasted Cauliflower Glazed Carrots Mixed Fruit w/Blueberries Vegetable Salad Assorted Bread	1) Hawaiian Chicken Green Peas Ratatouille Mandarin Oranges Vegetable Salad Assorted Cake	2) Tuna Salad Creamed Corn French Cut Green Beans Cinnamon Peaches Coleslaw Assorted Crackers or Bread	3) Beef Stroganoff Cavatappi Broccoli Vegetable Salad Fresh Apple Assorted Cookie
6) Rotisserie Chicken Macaroni and Cheese Creamed Spinach Assorted Gelatin Mixed Fruit w/Craisins Assorted Bread	7) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun	8) Smoked Turkey Salad Glazed Carrots Mashed Cauliflower Cinnamon Pears Vegetable Salad Assorted Bread	9) Teriyaki Chicken Fried Rice Squash and Zucchini Vegetable Salad Mandarin Oranges Assorted Cookie	10) Baked Fish Fillet Corn Stewed Tomatoes Coleslaw Mandarin Oranges Cornbread
13) Pork Chop Mixed Greens Roasted Sweet Potatoes Applesauce Vegetable Salad Assorted Bread	14) Grilled Chicken Sandwich Yellow Squash w/Peppers Broccoli Fresh Apple Lettuce, Tomato, Onion Assorted Bun Condiment Packets	15) Beef Teriyaki Oriental Blend Mashed Potatoes Vegetable Salad Mixed Fruit w/Blueberries Assorted Cookie	16) Chicken Fajitas Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	17) Chicken Salad Broccoli Gingered Carrots Cinnamon Pears Vegetable Salad Assorted Bread
20) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/Blueberries Chocolate Pudding Assorted Bread	21) Turkey on Bun Mashed Cauliflower Green Beans Fresh Apple Vegetable Salad Assorted Bun	22) Baked Italian Chicken Stuffing Mixed Greens Applesauce Vegetable Salad Angel Food Cake	23) Chopped BBQ Chicken Beets Wax Beans Pineapple Macaroni Salad Assorted Bun	24) Hamburger Macaroni and Cheese Broccoli Watermelon Lettuce, Tomato, Onion Assorted Bun Condiment Packets
27) Memorial Day Holiday	28) BBQ Meatballs Baked Beans Broccoli with Cauliflower Peaches Assorted Cookie Assorted Bread	29) Citrus Chicken Thighs Stir Fried Cabbage Carrots Vegetable Salad Assorted Cake Assorted Bread	30) Chicken Salad Spinach Roasted Potatoes Vegetable Salad Fresh Fruit Assorted Bread	31) Baked Ziti Italian Blend Vegetables Brussels Sprouts Cinnamon Pears Vegetable Salad Angel Food Cake