



Friendship Trays Lunch Menu – June 2019

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
3) Sweet 'n Sour Pork Chop Rice Greens Vegetable Salad Pineapple Assorted Bread	4) Spaghetti w/Meat Sauce Roasted Cauliflower Glazed Carrots Mixed Fruit w/Blueberries Vegetable Salad Assorted Bread	5) Hawaiian Chicken Green Peas Ratatouille Mandarin Oranges Vegetable Salad Assorted Cake	6) Tuna Salad Creamed Corn French Cut Green Beans Cinnamon Peaches Coleslaw Assorted Crackers or Bread	7) Beef Stroganoff Cavatappi Broccoli Vegetable Salad Fresh Apple Assorted Cookie
10) Rotisserie Chicken Macaroni and Cheese Creamed Spinach Vegetable Salad Mixed Fruit w/Craisins Assorted Bread	11) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun	12) Smoked Turkey Salad Glazed Carrots Mashed Cauliflower Cinnamon Pears Vegetable Salad Assorted Bread	13) Teriyaki Chicken Fried Rice Squash and Zucchini Vegetable Salad Mandarin Oranges Assorted Cookie	14) Hamburger Macaroni and Cheese Broccoli Cinnamon Pineapple Lettuce, Tomato, Onion Assorted Bun Condiment Packets
17) Pork Chop Mixed Greens Roasted Sweet Potatoes Applesauce Vegetable Salad Assorted Bread	18) Grilled Chicken Sandwich Yellow Squash w/Peppers Broccoli Fresh Apple Lettuce, Tomato, Onion Assorted Bun Condiment Packets	19) Beef Teriyaki Asian Blend Mashed Potatoes Vegetable Salad Mixed Fruit w/Blueberries Assorted Cookie	20) Chicken Fajitas Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	21) Chicken Salad Broccoli Gingered Carrots Cinnamon Pears Vegetable Salad Assorted Bread
24) Baked Italian Chicken Stuffing Mixed Greens Applesauce Vegetable Salad Angel Food Cake	25) Turkey on Bun Mashed Cauliflower Green Beans Fresh Apple Vegetable Salad Assorted Bun	26) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/Blueberries Chocolate Pudding Assorted Bread	27) Chopped BBQ Chicken Beets Wax Beans Pineapple Macaroni Salad Assorted Bun	28) Baked Fish Fillet Corn Fruited Salsa Coleslaw Mandarin Oranges Tortilla