



Friendship Trays Lunch Menu – April 2019

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
1) Rotisserie Chicken Macaroni and Cheese Creamed Spinach Assorted Gelatin Mixed Fruit w/Craisins Assorted Bread	2) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun	3) Smoked Turkey Salad Glazed Carrots Mashed Cauliflower Cinnamon Pears Vegetable Salad Assorted Bread	4) Teriyaki Chicken Fried Rice Squash and Zucchini Vegetable Salad Mandarin Oranges Assorted Cookie	5) Hamburger Cinnamon Pineapple Broccoli Macaroni Salad Lettuce, Tomato, Onion Assorted Bun Condiment Packets
8) Pork Chop Mixed Greens Roasted Sweet Potatoes Applesauce Vegetable Salad Assorted Bread	9) Grilled Chicken Sandwich Yellow Squash w/Peppers Broccoli Fresh Apple Lettuce, Tomato, Onion Assorted Bun Condiment Packets	10) Beef Teriyaki Oriental Blend Mashed Potatoes Vegetable Salad Mixed Fruit w/Blueberries Assorted Cookie	11) Chicken Fajitas Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	12) Chicken Salad Broccoli Gingered Carrots Cinnamon Pears Vegetable Salad Assorted Bread
15) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/Blueberries Chocolate Pudding Assorted Bread	16) Baked Italian Chicken Stuffing Dill Green Beans Applesauce Vegetable Salad Angel Food Cake	17) Turkey on Bun Mashed Cauliflower Green Beans Fresh Apple Potato Salad Assorted Bun	18) Chopped BBQ Chicken Beets Wax Beans Pineapple Macaroni Salad Assorted Bun	19) Baked Fish Fillet Corn Stewed Tomatoes Coleslaw Mandarin Oranges Cornbread
22) Pork Loin w/ Mustard Sauce Cinnamon Apples Green Beans Potato Salad Vegetable Salad Banana Pudding w/Vanilla Wafers	23) Chicken Salad Spinach Roasted Potatoes Vegetable Salad Fresh Fruit Assorted Bread	24) Citrus Chicken Thighs Stir Fried Cabbage Carrots Mushroom Salad Cranberry Pineapple Gelatin Salad Assorted Cookie	25) BBQ Meatballs Baked Beans Broccoli with Cauliflower Fresh Apple Assorted Pudding Assorted Bread	26) Baked Ziti Italian Blend Vegetables Brussels Sprouts Cinnamon Pears Vegetable Salad Angel Food Cake
29) Sweet 'n Sour Pork Chop Rice Greens Vegetable Salad Pineapple Assorted Bread	30) Spaghetti w/Meat Sauce Roasted Cauliflower Glazed Carrots Mixed Fruit w/Blueberries Vegetable Salad Assorted Bread			