



Friendship Trays Lunch Menu – September 2017

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
				1) Chopped BBQ Chicken Beets Wax Beans Pineapple Macaroni Salad Assorted Bun
4) Happy Labor Day	5) Turkey Patty Mashed Potatoes Green Beans Peaches Cookie Assorted Bread	6) Santé Fe Glazed Chicken Tenders French Green Beans Roasted Potatoes Vegetable Salad Cinnamon Apples Assorted Bread	7) Chicken Fajitas with Peppers and Onions Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	8) Italian Blend Vegetables Lima Beans Cinnamon Pears Chicken Salad Vegetable Salad Angel Food Cake
11) Sweet 'n Sour Pork Rice Greens Vegetable Salad Pineapple Assorted Bread	12) Spaghetti w/Meat Sauce Roasted Cauliflower Glazed Carrots Mixed Fruit Vegetable Salad Assorted Bread	13) Hawaiian Chicken Green Peas Ratatouille Mandarin Oranges Vegetable Salad Assorted bread	14) Herb Baked Fish Creamed Corn French Cut Green Beans Applesauce Coleslaw Yellow Cake	15) Beef Stroganoff Cavatappi Broccoli Vegetable Salad Pineapple Assorted Bread
18) Rotisserie Chicken Macaroni and Cheese Creamed Spinach Assorted Gelatin Peaches Assorted Bread	19) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun	20) Hamburger Cinnamon Peaches Broccoli Macaroni Salad Lettuce, Tomato, Onion Assorted Bun Condiment Packets	21) Teriyaki Chicken Fried Rice Squash and Zucchini Vegetable Salad Mandarin Oranges Gingerbread	22) Glazed Carrots Creamed Corn Mixed Fruit w/Craisins Chicken Salad Vegetable Salad Assorted Crackers
25) BBQ Meatballs Baked Beans Winter Blend Applesauce Assorted Pudding Assorted Bread	26) Open Faced Turkey Sandwich Green Beans Mashed Cauliflower Pears Potato Salad Assorted Bun	27) Beef Teriyaki Asian Blend Mashed Potatoes Vegetable Salad Mixed Fruit Cherry Chocolate Cake	28) Chicken Tetrazzini Broccoli Gingered Carrots Cinnamon Pears Vegetable Salad Assorted Bread	29) California Blend Black Beans and Corn Baked Pineapple Smoked Turkey Salad Vegetable Salad Assorted Crackers