



Friendship Trays Lunch Menu – May 2018

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
	1) Baked Italian Chicken Stuffing Dill Green Beans Pears Vegetable Salad Angel Food Cake	2) Grilled Chicken Sandwich Yellow Squash w/Peppers Broccoli Cottage Cheese Peaches Assorted Cookie	3) Baked Fish Fillet Corn Stewed Tomatoes Coleslaw Mandarin Oranges Cornbread	4) Chopped BBQ Chicken Beets Wax Beans Pineapple Macaroni Salad Assorted Bun
7) Pork Loin w/ Mustard Sauce Cinnamon Apples Green Beans Potato Salad Vegetable Salad Banana Pudding w/Vanilla Wafers	8) Sante Fe Glazed Chicken Tenders Spinach Roasted Potatoes Vegetable Salad Fresh Apple Assorted Bread	9) Citrus Chicken Thighs Stir Fried Cabbage Carrots Dill Cucumber Salad Cranberry Pineapple Gelatin Salad Assorted Cookie	10) BBQ Meatballs Baked Beans Winter Blend Fresh Apple Assorted Pudding Assorted Bread	11) Chicken Salad Italian Blend Vegetables Lima Beans Cinnamon Pears Vegetable Salad Angel Food Cake
14) Sweet 'n Sour Pork Chop Rice Greens Vegetable Salad Pineapple Assorted Bread	15) Spaghetti w/Meat Sauce Roasted Cauliflower Glazed Carrots Mixed Fruit w/Blueberries Vegetable Salad Assorted Bread	16) Hawaiian Chicken Green Peas Ratatouille Mandarin Oranges Vegetable Salad Assorted Cake	17) Tuna Salad Creamed Corn French Cut Green Beans Applesauce Coleslaw Assorted Crackers or Bread	18) Beef Stroganoff Cavatappi Broccoli Vegetable Salad Pineapple Assorted Cookie
21) Rotisserie Chicken Macaroni and Cheese Creamed Spinach Assorted Gelatin Pears Assorted Bread	22) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun	23) Hamburger Cinnamon Peaches Broccoli Macaroni Salad Lettuce, Tomato, Onion Assorted Bun Condiment Packets	24) Teriyaki Chicken Fried Rice Squash and Zucchini Vegetable Salad Mandarin Oranges Assorted Cookie	25) Smoked Turkey Salad Glazed Carrots Creamed Corn Mixed Fruit w/Craisins Vegetable Salad Assorted Crackers or Bread
28) Happy Memorial Day	29) Open Faced Turkey (w/ Bun) Mashed Cauliflower Green Beans Pears Potato Salad Assorted Bun	30) Beef Teriyaki Oriental Blend Mashed Potatoes Vegetable Salad Mixed Fruit w/Blueberries Assorted Cookie	31) Chicken Fajitas Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	