



Friendship Trays Lunch Menu – May 2017

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
1) Baked Chicken Macaroni and Cheese Creamed Spinach Assorted Gelatin Peaches Assorted Bread	2) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun	3) Hamburger Cinnamon Peaches Broccoli Macaroni Salad Lettuce, Tomato, Onion Assorted Bun Condiment Packets	4) Teriyaki Chicken Fried Rice Squash and Zucchini Vegetable Salad Mandarin Oranges Gingerbread	5) Glazed Carrots Creamed Corn Mixed Fruit w/Craisins Chicken Salad Vegetable Salad Assorted Crackers
8) BBQ Meatballs Baked Beans Winter Blend Applesauce Assorted Pudding Assorted Bread	9) Open Faced Turkey Sandwich Green Beans Mashed Cauliflower Pears Potato Salad Assorted Bread	10) Beef Teriyaki Peas and Carrots Mashed Potatoes Cole Slaw Mixed Fruit Assorted Bread	11) Turkey Tacos Black Beans Cinnamon Pears Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	12) California Blend Black-eyed Peas Baked Pineapple Ham Salad Vegetable Salad Assorted Crackers
15) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/Blueberries Chocolate Pudding Assorted Bread	16) Baked Italian Chicken Stuffing Dill Green Beans Pears Three Bean Salad Angel Food Cake	17) Baked Ziti Yellow Squash w/Peppers Broccoli Mixed Fruit Vegetable Salad Assorted Bread	18) Baked Fish Fillet Corn Stewed Tomatoes Coleslaw Mandarin Oranges Cornbread	19) Pork with Mustard Sauce Cinnamon Apples Parisienne Green Beans Potato Salad Vegetable Salad Banana Pudding w/Vanilla Wafers
22) Chopped BBQ Chicken Beets Wax Beans Pineapple Macaroni Salad Assorted Bun	23) Sante Fe Glazed Chicken Tenders French Green Beans White Beans w/Tomatoes Vegetable Salad Cinnamon Apples Assorted Bread	24) Turkey Ham and Hashbrown Casserole Stir Fried Cabbage Carrots Vegetable Salad Cranberry Pineapple Gelatin Salad Assorted Bread	25) Chicken Fajitas Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	26) Italian Blend Vegetables Lima Beans Cinnamon Pears Chicken Salad Vegetable Salad Angel Food Cake
29) Memorial Day Holiday	30) Sweet 'n Sour Pork Rice Greens Pears Cookie Assorted Bread	31) Turkey Patty Mashed Potatoes Glazed Carrots Mixed Fruit Vegetable Salad Assorted Bread		