



Friendship Trays Lunch Menu – March 2018

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
			1) Chicken Fajitas Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	2) Chicken with Orzo Italian Blend Vegetables Lima Beans Cinnamon Pears Vegetable Salad Angel Food Cake
5) Sweet 'n Sour Pork Chop Rice Greens Vegetable Salad Pineapple Assorted Bread	6) Spaghetti w/Meat Sauce Roasted Cauliflower Glazed Carrots Mixed Fruit w/Blueberries Vegetable Salad Assorted Bread	7) Hawaiian Chicken Green Peas Ratatouille Mandarin Oranges Vegetable Salad Assorted Cake	8) Herb Baked Fish Creamed Corn French Cut Green Beans Applesauce Coleslaw Cornbread	9) Beef Stroganoff Cavatappi Broccoli Vegetable Salad Pineapple Assorted Cookie
12) Rotisserie Chicken Macaroni and Cheese Creamed Spinach Assorted Gelatin Peaches Assorted Bread	13) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun	14) Hamburger Cinnamon Peaches Broccoli Macaroni Salad Lettuce, Tomato, Onion Assorted Bun Condiment Packets	15) Teriyaki Chicken Fried Rice Squash and Zucchini Vegetable Salad Mandarin Oranges Assorted Cookie	16) Chicken Chili Glazed Carrots Creamed Corn Mixed Fruit w/Craisins Vegetable Salad St. Patrick's Day Dessert
19) BBQ Meatballs Baked Beans Winter Blend Fresh Apple Assorted Pudding Assorted Bread	20) Open Faced Turkey (w/ Bun) Mashed Cauliflower Green Beans Pears Potato Salad Assorted Bun	21) Beef Teriyaki Oriental Blend Mashed Potatoes Vegetable Salad Mixed Fruit w/Blueberries Assorted Cookie	22) Chicken Tetrazzini Broccoli Gingered Carrots Cinnamon Pears Coleslaw Assorted Bread	23) Pork Chop Mixed Greens Roasted Sweet Potatoes Pineapple Vegetable Salad Assorted Bread
26) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/Blueberries Chocolate Pudding Assorted Bread	27) Baked Italian Chicken Stuffing Dill Green Beans Pineapple Three Bean Salad Angel Food Cake	28) Baked Ziti Yellow Squash w/Peppers Broccoli Cottage Cheese Peaches Assorted Cookie	29) Baked Fish Fillet Corn Stewed Tomatoes Coleslaw Mandarin Oranges Cornbread	30) Baked Ham Baked Apples Green Beans Potato Salad Easter Dessert Assorted Bread