



Friendship Trays Lunch Menu – July 2018

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
2) Pork Chop Mixed Greens Roasted Sweet Potatoes Applesauce Vegetable Salad Assorted Bread	3) Open Faced Turkey Mashed Cauliflower Green Beans Fresh Apple Potato Salad Assorted Bun	4) Happy July 4th	5) Beef Teriyaki Oriental Blend Mashed Potatoes Vegetable Salad Peaches Assorted Cookie	6) Chicken Curry Salad Broccoli Gingered Carrots Cinnamon Pears Coleslaw Assorted Crackers or Bread
9) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/Blueberries Chocolate Pudding Assorted Bread	10) Baked Italian Chicken Stuffing Dill Green Beans Applesauce Vegetable Salad Angel Food Cake	11) Grilled Chicken Sandwich Yellow Squash w/Peppers Broccoli Fresh Apple Lettuce, Tomato, Onion Assorted Bun Condiment Packets	12) Baked Fish Fillet Corn Stewed Tomatoes Coleslaw Mandarin Oranges Cornbread	13) Chopped BBQ Chicken Beets Wax Beans Pineapple Macaroni Salad Assorted Bun
16) Pork Loin w/ Mustard Sauce Cinnamon Apples Green Beans Potato Salad Vegetable Salad Banana Pudding w/Vanilla Wafers	17) Sante Fe Chicken Tenders Spinach Roasted Potatoes Vegetable Salad Fresh Fruit Assorted Bread	18) Citrus Chicken Thighs Stir Fried Cabbage Carrots Dill Cucumber Salad Cranberry Pineapple Gelatin Salad Assorted Cookie	19) BBQ Meatballs Baked Beans Broccoli with Cauliflower Fresh Apple Assorted Pudding Assorted Bread	20) Chicken Salad Italian Blend Vegetables Lima Beans Cinnamon Pears Vegetable Salad Angel Food Cake
23) Sweet 'n Sour Pork Chop Rice Greens Vegetable Salad Pineapple Assorted Bread	24) Spaghetti w/Meat Sauce Roasted Cauliflower Glazed Carrots Mixed Fruit w/Blueberries Vegetable Salad Assorted Bread	25) Hawaiian Chicken Green Peas Ratatouille Mandarin Oranges Vegetable Salad Assorted Cake	26) Tuna Salad Creamed Corn French Cut Green Beans Cinnamon Peaches Coleslaw Assorted Crackers or Bread	27) Beef Stroganoff Cavatappi Broccoli Vegetable Salad Fresh Apple Assorted Cookie
30) Rotisserie Chicken Macaroni and Cheese Creamed Spinach Assorted Gelatin Mixed Fruit w/Craisins Assorted Bread	31) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun			