



Friendship Trays Lunch Menu – February 2018

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
			1) Herb Baked Fish Creamed Corn French Cut Green Beans Applesauce Coleslaw Cornbread	2) Beef Stroganoff Cavatappi Broccoli Vegetable Salad Pineapple Assorted Cookie
5) Rotisserie Chicken Macaroni and Cheese Creamed Spinach Assorted Gelatin Pears Assorted Bread	6) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun	7) Hamburger Cinnamon Peaches Broccoli Macaroni Salad Lettuce, Tomato, Onion Assorted Bun Condiment Packets	8) Teriyaki Chicken Fried Rice Squash and Zucchini Vegetable Salad Mandarin Oranges Assorted Cookie	9) Chicken Chili Glazed Carrots Creamed Corn Mixed Fruit w/Craisins Vegetable Salad Assorted Crackers
12) BBQ Meatballs Baked Beans Winter Blend Applesauce Assorted Pudding Assorted Bread	13) Open Faced Turkey (w/ Bun) Mashed Cauliflower Green Beans Pears Potato Salad Assorted Bun	14) Beef Teriyaki Oriental Blend Mashed Potatoes Vegetable Salad Mixed Fruit Valentine Dessert	15) Chicken Tetrizzini Broccoli Gingered Carrots Cinnamon Pears Coleslaw Assorted Bread	16) Pork Chop Mixed Greens Roasted Sweet Potatoes Pineapple Vegetable Salad Assorted Bread
19) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/Blueberries Chocolate Pudding Assorted Bread	20) Baked Italian Chicken Stuffing Dill Green Beans Pears Three Bean Salad Angel Food Cake	21) Baked Ziti Yellow Squash w/Peppers Broccoli Cottage Cheese Peaches Assorted Cookie	22) Baked Fish Fillet Corn Stewed Tomatoes Coleslaw Mandarin Oranges Cornbread	23) Chopped BBQ Chicken Beets Wax Beans Pineapple Macaroni Salad Assorted Bun
26) Pork Loin w/ Mustard Sauce Cinnamon Apples Parisienne Green Beans Potato Salad Vegetable Salad Banana Pudding w/Vanilla Wafers	27) Sante Fe Glazed Chicken Tenders Spinach Roasted Potatoes Vegetable Salad Cinnamon Apples Assorted Bread	28) Pasta Carbonara Stir Fried Cabbage Carrots Dill Cucumber Salad Cranberry Pineapple Gelatin Salad Assorted Cookie		