



Friendship Trays Lunch Menu – December 2017

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
				1) Chicken Chili Glazed Carrots Creamed Corn Mixed Fruit w/Craisins Vegetable Salad Assorted Bread
4) BBQ Meatballs Baked Beans Winter Blend Applesauce Assorted Pudding Assorted Bread	5) Open Faced Turkey Mashed Cauliflower Green Beans Pears Potato Salad Assorted Bun	6) Beef Teriyaki Oriental Blend Mashed Potatoes Vegetable Salad Mixed Fruit Cherry Chocolate Cake	7) Chicken Tetrazzini Broccoli Gingered Carrots Cinnamon Pears Vegetable Salad Assorted Bread	8) Cubed Pork Mixed Greens Roasted Sweet Potatoes Pineapple Vegetable Salad Assorted Crackers
11) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/Blueberries Chocolate Pudding Assorted Bread	12) Baked Italian Chicken Stuffing Dill Green Beans Pears Three Bean Salad Angel Food Cake	13) Baked Ziti Yellow Squash w/Peppers Broccoli Cottage Cheese Peaches Assorted Bread	14) Baked Fish Fillet Corn Stewed Tomatoes Coleslaw Mandarin Oranges Cornbread	15) Chopped BBQ Chicken Beets Wax Beans Pineapple Macaroni Salad Assorted Bun
18) Pork with Mustard Sauce Cinnamon Apples Parisienne Green Beans Potato Salad Vegetable Salad Banana Pudding w/Vanilla Wafers	19) Sante Fe Glazed Chicken Tenders Spinach Roasted Potatoes Vegetable Salad Cinnamon Apples Assorted Bread	20) Pasta Carbonara Stir Fried Cabbage Carrots Dill Cucumber Salad Cranberry Pineapple Gelatin Salad Assorted Bread	21) Chicken Fajitas Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	22) Slice Ham w/Glaze Sweet Potato and Apple Casserole French Green Beans Broccoli Salad Holiday Dessert Assorted Roll
25) Happy Holidays	26) Turkey Patty Creamed Corn Greens Assorted Cookie Peaches Assorted Bread	27) BBQ Meatballs Baked Beans Winter Blend Applesauce Assorted Pudding Assorted Bread	28) Herb Baked Fish Creamed Corn French Cut Green Beans Applesauce Coleslaw Chocolate Cake	29) Beef Stroganoff Cavatappi Broccoli Vegetable Salad Pineapple Assorted Bread