



Friendship Trays Lunch Menu – August 2017

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
	1) Sante Fe Glazed Chicken Tenders French Green Beans Roasted Potatoes Vegetable Salad Cinnamon Apples Assorted Bread	2) Pasta Carbonara Stir Fried Cabbage Carrots Dill Cucumber Salad Cranberry Pineapple Gelatin Salad Assorted Bread	3) Chicken Fajitas Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	4) Italian Blend Vegetables Lima Beans Cinnamon Pears Chicken Salad Vegetable Salad Angel Food Cake
7) Sweet 'n Sour Pork Rice Greens Vegetable Salad Pineapple Assorted Bread	8) Spaghetti w/Meat Sauce Roasted Cauliflower Glazed Carrots Mixed Fruit Vegetable Salad Assorted Bread	9) Hawaiian Chicken Green Peas Ratatouille Mandarin Oranges Vegetable Salad Assorted Bun	10) Herb Baked Fish Creamed Corn French Cut Green Beans Applesauce Coleslaw Chocolate Cake	11) Beef Stroganoff Cavatappi Broccoli Vegetable Salad Pineapple Assorted Bread
14) Rotisserie Chicken Macaroni and Cheese Creamed Spinach Assorted Gelatin Peaches Assorted Bread	15) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun	16) Hamburger Cinnamon Peaches Broccoli Macaroni Salad Lettuce, Tomato, Onion Assorted Bun Condiment Packets	17) Teriyaki Chicken Fried Rice Squash and Zucchini Vegetable Salad Mandarin Oranges Gingerbread	18) Glazed Carrots Creamed Corn Mixed Fruit w/Craisins Chicken Salad Vegetable Salad Assorted Crackers
21) BBQ Meatballs Black-eyed Peas Winter Blend Applesauce Assorted Pudding Assorted Bread	22) Open Faced Turkey Sandwich Green Beans Mashed Cauliflower Pears Potato Salad Assorted Bun	23) Beef Teriyaki Asian Blend Mashed Potatoes Vegetable Salad Mixed Fruit Yellow Cake	24) Hotdog Baked Beans Cinnamon Pears Pasta Salad Coleslaw Hotdog Bun	25) California Blend Black-eyed Peas Baked Pineapple Smoked Turkey Salad Vegetable Salad Assorted Crackers
28) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/Blueberries Chocolate Pudding Assorted Bread	29) Baked Italian Chicken Stuffing Dill Green Beans Pears Three Bean Salad Angel Food Cake	30) Baked Ziti Yellow Squash w/Peppers Broccoli Cottage Cheese Peaches Assorted Bread	31) Baked Fish Fillet Corn Stewed Tomatoes Coleslaw Mandarin Oranges Cornbread	