



Friendship Trays Lunch Menu – April 2018

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

Menu Subject to change without notice. Menus approved by Kelly Vass, MS, RD, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
2) Pork Loin w/ Mustard Sauce Cinnamon Apples Parisienne Green Beans Potato Salad Vegetable Salad Banana Pudding w/Vanilla Wafers	3) Sante Fe Glazed Chicken Tenders Spinach Roasted Potatoes Vegetable Salad Fresh Apple Assorted Bread	4) Citrus Chicken Thighs Stir Fried Cabbage Carrots Dill Cucumber Salad Cranberry Pineapple Gelatin Salad Assorted Cookie	5) BBQ Meatballs Baked Beans Winter Blend Fresh Apple Assorted Pudding Assorted Bread	6) Chicken Salad Italian Blend Vegetables Lima Beans Cinnamon Pears Vegetable Salad Angel Food Cake
9) Sweet 'n Sour Pork Chop Rice Greens Vegetable Salad Pineapple Assorted Bread	10) Spaghetti w/Meat Sauce Roasted Cauliflower Glazed Carrots Mixed Fruit w/Blueberries Vegetable Salad Assorted Bread	11) Hawaiian Chicken Green Peas Ratatouille Mandarin Oranges Vegetable Salad Assorted Cake	12) Tuna Salad Creamed Corn French Cut Green Beans Applesauce Coleslaw Assorted Crackers or Bread	13) Beef Stroganoff Cavatappi Broccoli Vegetable Salad Pineapple Assorted Cookie
16) Rotisserie Chicken Macaroni and Cheese Creamed Spinach Assorted Gelatin Pears Assorted Bread	17) Italian Meatball Sandwich Scandinavian Vegetables Scalloped Potatoes Fruit Salad w/Blueberries Shredded Mozzarella Hot Dog Bun	18) Hamburger Cinnamon Peaches Broccoli Macaroni Salad Lettuce, Tomato, Onion Assorted Bun Condiment Packets	19) Teriyaki Chicken Fried Rice Squash and Zucchini Vegetable Salad Mandarin Oranges Assorted Cookie	20) Smoked Turkey Salad Glazed Carrots Creamed Corn Mixed Fruit w/Craisins Vegetable Salad Assorted Crackers or Bread
23) Pork Chop Mixed Greens Roasted Sweet Potatoes Pineapple Vegetable Salad Assorted Bread	24) Open Faced Turkey (w/ Bun) Mashed Cauliflower Green Beans Pears Potato Salad Assorted Bun	25) Beef Teriyaki Oriental Blend Mashed Potatoes Vegetable Salad Mixed Fruit w/Blueberries Assorted Cookie	26) Chicken Fajitas Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	27) Chicken Curry Salad Broccoli Gingered Carrots Cinnamon Pears Coleslaw Assorted Crackers or Bread
30) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/Blueberries Chocolate Pudding Assorted Bread				