



# Friendship Trays Lunch Menu – April 2017

Menus are for regular diets; physician ordered therapeutic or special diets may have menu substitutions.

**Menu Subject to change without notice.** Menus approved by Kelly Vass, MS, RD, LDN

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
3) BBQ Meatballs Baked Beans Winter Blend Applesauce Assorted Pudding Assorted Bread	4) Chicken and Rice Green Beans Stir Fried Cabbage w/Peppers Vegetable Salad Mixed Fruit w/Craisins Assorted Bread	5) Beef Stew Peas and Carrots Stewed Tomatoes Cole Slaw Mixed Fruit Assorted Bun	6) Turkey Tacos Black Beans Cinnamon Pears Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	7) California Blend Peas Baked Pineapple Ham Salad Vegetable Salad Assorted Crackers
10) Swedish Meatballs Poppy Seed Noodles Carrots with Peas Mixed Fruit w/blueberries Chocolate Pudding Assorted Bread	11) Baked Italian Chicken Stuffing Dill Green Beans Pears Three Bean Salad Angel Food Cake	12) Baked Ziti Yellow Squash w/Peppers Broccoli Mixed Fruit Vegetable Salad Assorted Bread	13) Baked Fish Fillet Corn Stewed Tomatoes Coleslaw Mandarin Oranges Cornbread	14) Baked Ham Cinnamon Apples Parisienne Green Beans Potato Salad Vegetable Salad Banana Pudding w/Vanilla Wafers
17) Chopped BBQ Chicken Beets Wax Beans Pineapple Macaroni Salad Assorted Bun	18) Sante Fe Glazed Chicken Tenders French Green Beans White Beans w/Tomatoes Vegetable Salad Cinnamon Apples Assorted Bread	19) Turkey Ham and Hashbrown Casserole Stir Fried Cabbage Carrots Vegetable Salad Peaches Assorted Bread	20) Chicken Fajitas Red Beans and Rice Cinnamon Peaches Lettuce and Tomato Shredded Cheese Flour Tortillas Sour Cream Packet	21) Italian Blend Vegetables Lima Beans Cinnamon Pears Chicken Salad Vegetable Salad Angel Food Cake
24) Sweet 'n Sour Pork Rice Greens Vegetable Salad Pineapple Assorted Bread	25) Spaghetti w/Meat Sauce Roasted Cauliflower Glazed Carrots Mixed Fruit Vegetable Salad Assorted Bread	26) Grilled Sausage w/Peppers and Onions Green Peas Yellow Squash Casserole Mandarin Oranges Vegetable Salad Hotdog Bun	27) Herb Baked Fish Creamed Corn French Cut Green Beans Applesauce Coleslaw Chocolate Cake	28) Turkey Chili Broccoli Mashed Potatoes Vegetable Salad Pineapple Assorted Bread